

No need to download or print. Please simply have all non-certified diving participants review these questions to verify that all answers will be “No”. If any will be selected as “Yes” then please call Eric at 808-631-7447 prior to booking for a Discover Diving experience.

1. I have had problems with my lungs, breathing, heart, and/or blood affecting my normal physical or mental performance. Yes No

2. I am over 45 years of age. Yes No

3. I struggle to perform moderate exercise (for example, walk 1.6 kilometer/one mile in 14 minutes or swim 200 meters/yards without resting), OR I have been unable to participate in a normal physical activity due to fitness or health reasons within the past 12 months. Yes No

4. I have had problems with my eyes, ears, or nasal passages/sinuses. Yes No

5. I have had surgery within the last 12 months, OR I have ongoing problems related to past surgery. Yes No

6. I have lost consciousness, had migraine headaches, seizures, stroke, significant head injury, or suffer from persistent neurologic injury or disease. Yes No

7. I am currently undergoing treatment (or have required treatment within the last five years) for psychological problems, personality disorder, panic attacks, or an addiction to drugs or alcohol; or, I have been diagnosed with a learning or developmental disability. Yes No

8. I have had back problems, hernia, ulcers, or diabetes. Yes No

9. I have had stomach or intestine problems, including recent diarrhea. Yes No

10. I am taking prescription medications (with the exception of birth control or anti-malarial drugs other than mefloquine (Lariam). Yes No
